



10.Walk in Herne  
Herne-Sodingen / 22.03.2015

Detailed evaluation

**Koutras, Vasilios**

Club: Air Runners Sponsor Volt-Energy  
Number: 5103

Course: 5.00 km  
Kurzstrecke Walking

Total time: 55:43

Speed: 5.38 km/h

metres in height up: 100  
Course score: 6.50  
performance score: 35 Points