



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Nowak, Desielawa

Club: HSG-Bochum

Number: 5546

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 51:24

Speed: 5.84 km/h

metres in height up: 100

Course score: 6.50

performance score: 38 Points