



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Spilker, Arno

Club: TV Städtisch-Rahmede e.V. 1889 Altena
Number: 5063

Course: 5.00 km

Kurzstrecke Walking

Total time: 1:00:16

Speed: 4.98 km/h

metres in height up: 100

Course score: 6.50

performance score: 32 Points