



10.Walk in Herne  
Herne-Sodingen / 22.03.2015

Detailed evaluation

Spöth, Gerold

Club: TV Städtisch-Rahmede e.V. 1889 Altena  
Number: 5065

Course: 5.00 km

Kurzstrecke Walking

Total time: 1:00:25

Speed: 4.97 km/h

metres in height up: 100

Course score: 6.50

performance score: 32 Points