



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Ruschel, Elke

Club: DJK Adler07 Laufftreff Bottrop
Number: 14076

Course: 14.00 km
Mittelstrecke Walking

Total time: 1:41:20

Speed: 8.29 km/h

metres in height up: 240
Course score: 17.60

performance score: 146 Points