



10.Walk in Herne  
Herne-Sodingen / 22.03.2015

## Detailed evaluation

Thoridt, Kirsten

Club: Lauffreunde Vlatten-Köln  
Number: 14056

Course: 14.00 km  
Mittelstrecke Walking

Total time: 1:42:11

Speed: 8.22 km/h

metres in height up: 240  
Course score: 17.60

performance score: 145 Points