



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Janasik, Tadeusz

Club: Team Lohmann Witten
Number: 14586

Course: 14.00 km
Mittelstrecke Nordic Walking

Total time: 1:32:36

Speed: 9.07 km/h

metres in height up: 240
Course score: 17.60

performance score: 160 Points