



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Groll, Frank

Club: wt-soest
Number: 14522

Course: 14.00 km
Mittelstrecke Nordic Walking

Total time: 1:34:48

Speed: 8.86 km/h

metres in height up: 240
Course score: 17.60

performance score: 156 Points