



10.Walk in Herne  
Herne-Sodingen / 22.03.2015

## Detailed evaluation

Vierhaus, Udo

Club: Team 4-Haus  
Number: 14579

Course: 14.00 km  
Mittelstrecke Nordic Walking

Total time: 1:37:35

Speed: 8.61 km/h

metres in height up: 240  
Course score: 17.60

performance score: 152 Points