



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Alter, Michael

Club: LiVe - Lauffreife in Versmold
Number: 14502

Course: 14.00 km
Mittelstrecke Nordic Walking

Total time: 1:40:43

Speed: 8.34 km/h

metres in height up: 240
Course score: 17.60

performance score: 147 Points