



10.Walk in Herne  
Herne-Sodingen / 22.03.2015

Detailed evaluation

Theis, Beatrix

Club: SG Ennepetal  
Number: 14570

Course: 14.00 km  
Mittelstrecke Nordic Walking

Total time: 1:45:17

Speed: 7.98 km/h

metres in height up: 240  
Course score: 17.60

performance score: 140 Points