



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Gamon, Birgit

Club: Team NRW

Number: 14519

Course: 14.00 km

Mittelstrecke Nordic Walking

Total time: 1:45:16

Speed: 7.98 km/h

metres in height up: 240

Course score: 17.60

performance score: 140 Points