



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Penke, Werner

Club: Distel-Walker
Number: 14546

Course: 14.00 km
Mittelstrecke Nordic Walking

Total time: 1:46:04

Speed: 7.92 km/h

metres in height up: 240
Course score: 17.60

performance score: 139 Points