



10.Walk in Herne  
Herne-Sodingen / 22.03.2015

Detailed evaluation

Carow, Sylvia

Club: Distel-Walker  
Number: 14008

Course: 14.00 km  
Mittelstrecke Walking

Total time: 1:57:21

Speed: 7.16 km/h

metres in height up: 240  
Course score: 17.60

performance score: 126 Points