



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Rolf, Bianca

Club: LiVe - Lauffreife in Versmold
Number: 14547

Course: 14.00 km
Mittelstrecke Nordic Walking

Total time: 1:49:08

Speed: 7.70 km/h

metres in height up: 240
Course score: 17.60

performance score: 136 Points