



10.Walk in Herne  
Herne-Sodingen / 22.03.2015

## Detailed evaluation

**Cyrus, Bettina**

Club: Laufftreff eV. Recklinghausen  
Number: 14512

Course: 14.00 km  
Mittelstrecke Nordic Walking

Total time: 1:53:12

Speed: 7.42 km/h

metres in height up: 240  
Course score: 17.60

performance score: 131 Points