



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Frevel, Andreas

Club: SpVg 62 Rinsdorf e.V.
Number: 21509

Course: 21.00 km
Langstrecke Nordic Walking

Total time: 2:19:57

Speed: 9.00 km/h

metres in height up: 360
Course score: 26.40

performance score: 238 Points