



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Slowly, Rainer

Club: TV Friesen Telgte
Number: 21037

Course: 21.00 km
Langstrecke Walking

Total time: 2:26:58

Speed: 8.57 km/h

metres in height up: 360
Course score: 26.40

performance score: 226 Points