



10.Walk in Herne  
Herne-Sodingen / 22.03.2015

Detailed evaluation

Kosmala, Karin

Club: Post SV Buer  
Number: 14590

Course: 14.00 km  
Mittelstrecke Nordic Walking

Total time: 2:14:41

Speed: 6.24 km/h

metres in height up: 240  
Course score: 17.60

performance score: 110 Points