



10.Walk in Herne

Herne-Sodingen / 22.03.2015

Detailed evaluation

Sapsford, Donald

Club: BSG DSW21/DEW21

Number: 21023

Course: 21.00 km

Langstrecke Walking

Total time: 2:39:43

Speed: 7.89 km/h

metres in height up: 360

Course score: 26.40

performance score: 208 Points