



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Herweg, Rudolf

Club: LT Siebengebirge

Number: 21511

Course: 21.00 km

Langstrecke Nordic Walking

Total time: 2:36:39

Speed: 8.04 km/h

metres in height up: 360

Course score: 26.40

performance score: 212 Points