



10.Walk in Herne  
Herne-Sodingen / 22.03.2015

## Detailed evaluation

### Schüddekopf, Silke

Club: TSV Bentrup-Loßbruch  
Number: 5532

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 41:12

Speed: 7.28 km/h

metres in height up: 100

Course score: 6.50

performance score: 47 Points