



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

SG Ennepetal

Total time: 2:44:25

Speed: 7.66 km/h

Number: 37505

Course: 21.00 km

Course score: 21.00

Staffel Nordic Walking

performance score: 161 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Akademie Mont-Cenis	0	0	2015-	00:00	00:00
Akademie Mont-Cenis	7.0	7.0	2015-	00:58	00:58
Akademie Mont-Cenis	14.0	7.0	2015-	01:51	00:53
Akademie Mont-Cenis	21.0	7.0	2015-	02:44	00:53