



10. Walking Day am Mönnesee  
Mönnesee-Körbecke / 30.05.2015

Detailed evaluation

Penke, Werner

Club: Distel-Walker  
Number: 12068

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:30:25

Speed: 7.96 km/h

metres in height up: 218  
Course score: 15.27

performance score: 122 Points