



10. Walking Day am Möhnensee  
Möhnensee-Körbecke / 30.05.2015

Detailed evaluation

Heimann, Michael

Club: LSF-Unna-2000

Number: 12067

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:30:33

Speed: 7.95 km/h

metres in height up: 218

Course score: 15.27

performance score: 121 Points