



10. Walking Day am Mönnesee
Mönnesee-Körbecke / 30.05.2015

Detailed evaluation

van Bergerem, Susanne

Club: Nordic Walking Hobbygruppe Ahlen
Number: 5080

Course: 5.00 km

FAVORIT-Massivhaus-Lauf (Nordic Walking)

Total time: 37:25

Speed: 8.02 km/h

metres in height up: 42

Course score: 5.63

performance score: 45 Points