



10. Walking Day am Mönnesee
Mönnesee-Körbecke / 30.05.2015

Detailed evaluation

Sennekamp, Alfons

Club: SV Herbern

Number: 12011

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:42:33

Speed: 7.02 km/h

metres in height up: 218

Course score: 15.27

performance score: 107 Points