



10. Walking Day am Mönnesee

Mönnesee-Körbecke / 30.05.2015

Detailed evaluation

Middendorf, Petra

Club: LiVe Laufftreff in Versmold
Number: 16041

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 1:53:25

Speed: 8.46 km/h

metres in height up: 262
Course score: 19.93

performance score: 180 Points