



10. Walking Day am Mönnesee
Mönnesee-Körbecke / 30.05.2015

Detailed evaluation

Sapsford, Donald

Club: BSG DSW21/DEW21
Number: 16052

Course: 16.60 km

Sparda-Bank-Lauf (Walking)

Total time: 2:04:18

Speed: 7.72 km/h

metres in height up: 262

Course score: 19.93

performance score: 164 Points