



10. Walking Day am Mönnesee
Mönnesee-Körbecke / 30.05.2015

Detailed evaluation

Seiffert, Bernd

Club: wt-soest

Number: 16076

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:10:13

Speed: 7.37 km/h

metres in height up: 262

Course score: 19.93

performance score: 157 Points