



10. Walking Day am Mönnesee
Mönnesee-Körbecke / 30.05.2015

Detailed evaluation

Groll, Frank

Club: wt-soest

Number: 12088

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:22:15

Speed: 8.75 km/h

metres in height up: 218

Course score: 15.27

performance score: 134 Points