



36. Wartburglauf  
Eisenach / 27.09.2015

## Detailed evaluation

Lieder, Steffen

Club: Inter Schwager  
Number: 300

Course: 6.20 km  
Lauf Kurz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 32:40

Speed: 11.39 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 29 (of 68)

Rank in course/Men: 28 (of 47)

Best time in course: 23:20

Rank in category: 4(of 5)

Best time in the category: 25:02