



36. Wartburglauf  
Eisenach / 27.09.2015

## Detailed evaluation

**Rüger, Manuel**

Club: Autohaus Göthling  
Number: 316

Course: 6.20 km  
Lauf Kurz

Category:  
Senioren M30 (30-34 Jahre)

Total time: 27:03

Speed: 13.75 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 7 (of 68)

Rank in course/Men: 7 (of 47)

Best time in course: 23:20

Rank in category: 1(of 6)

Best time in the category: 27:03