



36. Wartburglauf  
Eisenach / 27.09.2015

## Detailed evaluation

**Notnagel, Guido**

Club: M&H Rennsteigteam  
Number: 77

Course: 12.50 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 54:32

Speed: 13.20 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 13 (of 118)

Rank in course/Men: 12 (of 89)

Best time in course: 45:21

Rank in category: 2(of 16)

Best time in the category: 48:30