



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Hochstein, Stefan

Total time: 2:17:04

Club: Triathlon Jena e.V.

Number: 75

Course: 55.50 km

Rank in course/Total: 4 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 4 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 1(of 8)

TM 30-34

Best time in the category: 2:17:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	23:57	15:58	1	-	2	2:14	1.50	23:57	15:58	1	-	2	2:14
Wechsel S -> R	0.05	0:41	13:39	1	-	3	0:08	1.55	24:38	15:53	1	-	3	2:15
Schwimmen Total	1.55	24:38	15:53	1	-	3	2:15	1.55	24:38	15:53	1	-	3	2:15
Rad netto	44.00	1:15:25	1:42	4	3:03	15	6:21	45.55	1:40:03	2:11	2	0:11	6	6:10
Wechsel R -> L	0.05	0:47	15:39	3	0:06	8	0:13	45.60	1:40:50	2:12	2	0:15	6	6:22
Rad Total	44.05	1:16:12	1:43	4	3:09	14	6:20	45.60	1:40:50	2:12	2	0:15	6	6:22
Lauf	9.90	36:14	3:39	1	-	1	-	55.50	2:17:04	2:28	1	-	4	4:44