



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Syrbe, Rene

Total time: 2:23:15

Club: LTV Erfurt / Team KS-Sportsworld

Number: 24

Enduro E Bike

Rank in course/Total: 7 (of 67)

Rank in course/Men: 7 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 1(of 11)

TM 45-49, Senioren 2

Best time in the category: 2:23:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	26:19	17:32	1	-	6	4:36	1.50	26:19	17:32	1	-	6	4:36
Wechsel S -> R	0.05	0:52	17:19	3	0:03	10	0:19	1.55	27:11	17:32	1	-	6	4:48
Schwimmen Total	1.55	27:11	17:32	1	-	6	4:48	1.55	27:11	17:32	1	-	6	4:48
Rad netto	44.00	1:14:09	1:41	1	-	10	5:05	45.55	1:41:20	2:13	1	-	8	7:27
Wechsel R -> L	0.05	0:56	18:39	2	0:07	18	0:22	45.60	1:42:16	2:14	1	-	8	7:48
Rad Total	44.05	1:15:05	1:42	1	-	10	5:13	45.60	1:42:16	2:14	1	-	8	7:48
Lauf	9.90	40:59	4:08	1	-	12	4:45	-	2:23:15	-	1	-	7	10:55