



# 30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

## Detailed evaluation

**Wilhelm, Josef**

**Total time: 2:24:09**

Club: Triathlon Friedrichroda e.V

Number: 9

Course: 55.50 km

Rank in course/Total: 9 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 9 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 3(of 8)

TM 30-34

Best time in the category: 2:17:04

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	25:29	16:59	2	1:32	5	3:46	1.50	25:29	16:59	2	1:32	5	3:46
Wechsel S -> R	0.05	1:02	20:40	3	0:21	16	0:29	1.55	26:31	17:06	2	1:53	5	4:08
Schwimmen Total	1.55	26:31	17:06	2	1:53	5	4:08	1.55	26:31	17:06	2	1:53	5	4:08
Rad netto	44.00	1:13:21	1:40	2	0:59	7	4:17	45.55	1:39:52	2:11	1	-	5	5:59
Wechsel R -> L	0.05	0:43	14:19	2	0:02	5	0:09	45.60	1:40:35	2:12	1	-	5	6:07
Rad Total	44.05	1:14:04	1:40	2	1:01	7	4:12	45.60	1:40:35	2:12	1	-	5	6:07
Lauf	9.90	43:34	4:24	6	7:20	24	7:20	55.50	2:24:09	2:35	3	7:05	9	11:49