



# 30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

## Detailed evaluation

**Ernst, Volkmar**

**Total time: 2:28:03**

Club: Saalfelder Lv

Number: 33

Enduro E Bike

Rank in course/Total: 16 (of 67)

Rank in course/Men: 16 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 2(of 7)

TM 50-54, Senioren 3

Best time in the category: 2:26:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	30:46	20:30	5	2:28	29	9:03	1.50	30:46	20:30	5	2:28	29	9:03
Wechsel S -> R	0.05	1:08	22:39	3	0:09	21	0:35	1.55	31:54	20:34	4	1:52	27	9:31
Schwimmen Total	1.55	31:54	20:34	4	1:52	27	9:31	1.55	31:54	20:34	4	1:52	27	9:31
Rad netto	44.00	1:15:58	1:43	2	1:46	16	6:54	45.55	1:47:52	2:22	2	1:52	20	13:59
Wechsel R -> L	0.05	0:44	14:39	1	-	6	0:10	45.60	1:48:36	2:22	2	1:16	19	14:08
Rad Total	44.05	1:16:42	1:44	2	1:10	16	6:50	45.60	1:48:36	2:22	2	1:16	19	14:08
Lauf	9.90	39:27	3:59	2	0:02	8	3:13	-	2:28:03	-	2	1:18	16	15:43