



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Deußing, Manuel

Total time: 2:31:24

Club: 1. Eichsfelder Sportclub e.V.

Number: 7

Course: 55.50 km

Rank in course/Total: 18 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 18 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 5(of 8)

TM 30-34

Best time in the category: 2:17:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	28:50	19:13	5	4:53	21	7:07	1.50	28:50	19:13	5	4:53	21	7:07
Wechsel S -> R	0.05	2:30	50:00	8	1:49	48	1:57	1.55	31:20	20:12	5	6:42	23	8:57
Schwimmen Total	1.55	31:20	20:12	5	6:42	23	8:57	1.55	31:20	20:12	5	6:42	23	8:57
Rad netto	44.00	1:16:38	1:44	5	4:16	18	7:34	45.55	1:47:58	2:22	5	8:06	21	14:05
Wechsel R -> L	0.05	1:03	21:00	6	0:22	25	0:29	45.60	1:49:01	2:23	5	8:26	21	14:33
Rad Total	44.05	1:17:41	1:45	5	4:38	18	7:49	45.60	1:49:01	2:23	5	8:26	21	14:33
Lauf	9.90	42:23	4:16	4	6:09	17	6:09	55.50	2:31:24	2:43	5	14:20	18	19:04