



# 30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

## Detailed evaluation

**Steinwachs, Bert**

**Total time: 2:31:55**

Club: SG Eintracht Wendehausen e.V.

Number: 69

Course: 55.50 km

Rank in course/Total: 19 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 19 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 2(of 7)

TM 40-44, Senioren 1

Best time in the category: 2:25:01

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	32:46	21:50	6	5:24	39	11:03	1.50	32:46	21:50	6	5:24	39	11:03
Wechsel S -> R	0.05	1:19	26:19	4	0:13	30	0:46	1.55	34:05	21:59	5	5:12	38	11:42
Schwimmen Total	1.55	34:05	21:59	5	5:12	38	11:42	1.55	34:05	21:59	5	5:12	38	11:42
Rad netto	44.00	1:14:04	1:41	2	2:59	9	5:00	45.55	1:48:09	2:22	4	7:38	22	14:16
Wechsel R -> L	0.05	0:55	18:19	2	0:02	16	0:21	45.60	1:49:04	2:23	4	7:40	22	14:36
Rad Total	44.05	1:14:59	1:42	2	3:01	9	5:07	45.60	1:49:04	2:23	4	7:40	22	14:36
Lauf	9.90	42:51	4:19	1	-	20	6:37	55.50	2:31:55	2:44	2	6:54	19	19:35