



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Jacob, Sven

Total time: 2:35:37

Club: SVW Eisenach Triathlon

Number: 25

Course: 55.50 km

Rank in course/Total: 25 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 24 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 3(of 11)

TM 45-49, Senioren 2

Best time in the category: 2:23:15

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	31:16	20:50	6	4:57	32	9:33	1.50	31:16	20:50	6	4:57	32	9:33
Wechsel S -> R	0.05	1:27	28:59	7	0:38	34	0:54	1.55	32:43	21:06	6	5:32	33	10:20
Schwimmen Total	1.55	32:43	21:06	6	5:32	33	10:20	1.55	32:43	21:06	6	5:32	33	10:20
Rad netto	44.00	1:17:20	1:45	3	3:11	20	8:16	45.55	1:50:03	2:24	3	8:43	24	16:10
Wechsel R -> L	0.05	1:04	21:19	6	0:15	30	0:30	45.60	1:51:07	2:26	3	8:51	24	16:39
Rad Total	44.05	1:18:24	1:46	3	3:19	21	8:32	45.60	1:51:07	2:26	3	8:51	24	16:39
Lauf	9.90	44:30	4:29	5	3:31	28	8:16	55.50	2:35:37	2:48	3	12:22	24	23:17