



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Mönch, Jürgen

Total time: 2:38:13

Club: Eschweger TSV

Number: 30

Course: 55.50 km

Rank in course/Total: 28 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 27 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 5(of 11)

TM 45-49, Senioren 2

Best time in the category: 2:23:15

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 1.50 | 28:07 | 18:44 | 3 | 1:48 | 14 | 6:24 | 1.50 | 28:07 | 18:44 | 3 | 1:48 | 14 | 6:24 |
| Wechsel S -> R | 0.05 | 0:56 | 18:39 | 5 | 0:07 | 13 | 0:23 | 1.55 | 29:03 | 18:44 | 3 | 1:52 | 13 | 6:40 |
| Schwimmen Total | 1.55 | 29:03 | 18:44 | 3 | 1:52 | 13 | 6:40 | 1.55 | 29:03 | 18:44 | 3 | 1:52 | 13 | 6:40 |
| Rad netto | 44.00 | 1:21:21 | 1:50 | 7 | 7:12 | 31 | 12:17 | 45.55 | 1:50:24 | 2:25 | 4 | 9:04 | 25 | 16:31 |
| Wechsel R -> L | 0.05 | 1:03 | 21:00 | 4 | 0:14 | 25 | 0:29 | 45.60 | 1:51:27 | 2:26 | 4 | 9:11 | 25 | 16:59 |
| Rad Total | 44.05 | 1:22:24 | 1:52 | 7 | 7:19 | 30 | 12:32 | 45.60 | 1:51:27 | 2:26 | 4 | 9:11 | 25 | 16:59 |
| Lauf | 9.90 | 46:46 | 4:43 | 7 | 5:47 | 36 | 10:32 | 55.50 | 2:38:13 | 2:51 | 5 | 14:58 | 27 | 25:53 |