



# 30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

## Detailed evaluation

**Mönch, Jürgen**

**Total time: 2:38:13**

Club: Eschweger TSV

Number: 30

Course: 55.50 km

Rank in course/Total: 28 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 27 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 5(of 11)

TM 45-49, Senioren 2

Best time in the category: 2:23:15

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	28:07	18:44	3	1:48	14	6:24	1.50	28:07	18:44	3	1:48	14	6:24
Wechsel S -> R	0.05	0:56	18:39	5	0:07	13	0:23	1.55	29:03	18:44	3	1:52	13	6:40
Schwimmen Total	1.55	29:03	18:44	3	1:52	13	6:40	1.55	29:03	18:44	3	1:52	13	6:40
Rad netto	44.00	1:21:21	1:50	7	7:12	31	12:17	45.55	1:50:24	2:25	4	9:04	25	16:31
Wechsel R -> L	0.05	1:03	21:00	4	0:14	25	0:29	45.60	1:51:27	2:26	4	9:11	25	16:59
Rad Total	44.05	1:22:24	1:52	7	7:19	30	12:32	45.60	1:51:27	2:26	4	9:11	25	16:59
Lauf	9.90	46:46	4:43	7	5:47	36	10:32	55.50	2:38:13	2:51	5	14:58	27	25:53