



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Krause, Sarah-Alicia

Total time: 2:39:46

Club: HSV Weimar

Number: 43

Course: 55.50 km

Rank in course/Total: 31 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Women: 2 (of 16)

Best time in course: 2:35:33

Category:

Rank in category: 2(of 4)

TW 25-29

Best time in the category: 2:35:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.50	27:50	18:33	4	1:48	6	2:55	1.50	27:50	18:33	4	1:48	6	2:55
Wechsel S -> R	0.05	0:53	17:39	2	0:02	3	0:04	1.55	28:43	18:31	3	1:50	5	2:50
Schwimmen Total	1.55	28:43	18:31	3	1:50	5	2:50	1.55	28:43	18:31	3	1:50	5	2:50
Rad netto	44.00	1:26:00	1:57	2	6:48	4	6:48	45.55	1:54:43	2:31	2	6:40	2	6:40
Wechsel R -> L	0.05	0:40	13:19	1	-	1	-	45.60	1:55:23	2:31	2	5:58	2	5:58
Rad Total	44.05	1:26:40	1:58	2	6:06	4	6:06	45.60	1:55:23	2:31	2	5:58	2	5:58
Lauf	9.90	44:23	4:28	1	-	2	2:07	55.50	2:39:46	2:52	2	4:13	2	4:13