



# 30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

## Detailed evaluation

**Quendt, Wolfgang**

**Total time: 2:41:20**

Club: TV Obersuhl

Number: 62

Course: 55.50 km

Rank in course/Total: 33 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 31 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 1(of 1)

TM 60-64, Senioren 5

Best time in the category: 2:41:20

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	34:07	22:44	1	-	42	12:24	1.50	34:07	22:44	1	-	42	12:24
Wechsel S -> R	0.05	1:27	28:59	1	-	34	0:54	1.55	35:34	22:56	1	-	42	13:11
Schwimmen Total	1.55	35:34	22:56	1	-	42	13:11	1.55	35:34	22:56	1	-	42	13:11
Rad netto	44.00	1:21:17	1:50	1	-	30	12:13	45.55	1:56:51	2:33	1	-	31	22:58
Wechsel R -> L	0.05	1:08	22:39	1	-	32	0:34	45.60	1:57:59	2:35	1	-	31	23:31
Rad Total	44.05	1:22:25	1:52	1	-	31	12:33	45.60	1:57:59	2:35	1	-	31	23:31
Lauf	9.90	43:21	4:22	1	-	22	7:07	55.50	2:41:20	2:54	1	-	31	29:00