



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Kühhirt, Marco

Total time: 2:44:30

Club: RTV Haselgrund/Team Erdinger Alkoholfrei

Number: 21

Course: 55.50 km

Rank in course/Total: 39 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 35 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 6(of 7)

TM 40-44, Senioren 1

Best time in the category: 2:25:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	30:36	20:24	4	3:14	24	8:53	1.50	30:36	20:24	4	3:14	24	8:53
Wechsel S -> R	0.05	1:36	32:00	5	0:30	40	1:03	1.55	32:12	20:46	4	3:19	29	9:49
Schwimmen Total	1.55	32:12	20:46	4	3:19	29	9:49	1.55	32:12	20:46	4	3:19	29	9:49
Rad netto	44.00	1:24:32	1:55	6	13:27	37	15:28	45.55	1:56:44	2:33	6	16:13	30	22:51
Wechsel R -> L	0.05	1:13	24:19	3	0:20	35	0:39	45.60	1:57:57	2:35	6	16:33	30	23:29
Rad Total	44.05	1:25:45	1:56	6	13:47	37	15:53	45.60	1:57:57	2:35	6	16:33	30	23:29
Lauf	9.90	46:33	4:42	6	3:42	35	10:19	55.50	2:44:30	2:57	6	19:29	35	32:10