



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Reiper, Nadja

Total time: 2:46:39

Club: KS-Sportsworld

Number: 42

Course: 55.50 km

Rank in course/Total: 43 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Women: 6 (of 16)

Best time in course: 2:35:33

Category:

Rank in category: 4(of 4)

TW 25-29

Best time in the category: 2:35:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.50	26:50	17:53	2	0:48	4	1:55	1.50	26:50	17:53	2	0:48	4	1:55
Wechsel S -> R	0.05	1:13	24:19	3	0:22	6	0:24	1.55	28:03	18:05	2	1:10	4	2:10
Schwimmen Total	1.55	28:03	18:05	2	1:10	4	2:10	1.55	28:03	18:05	2	1:10	4	2:10
Rad netto	44.00	1:28:04	2:00	3	8:52	8	8:52	45.55	1:56:07	2:32	3	8:04	5	8:04
Wechsel R -> L	0.05	1:02	20:40	3	0:22	6	0:22	45.60	1:57:09	2:34	3	7:44	5	7:44
Rad Total	44.05	1:29:06	2:01	3	8:32	8	8:32	45.60	1:57:09	2:34	3	7:44	5	7:44
Lauf	9.90	49:30	5:00	4	5:07	7	7:14	55.50	2:46:39	3:00	4	11:06	6	11:06