



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Finke, Carola

Total time: 2:47:22

Club: Triathlon Friedrichroda

Number: 68

Course: 55.50 km

Rank in course/Total: 44 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Women: 7 (of 16)

Best time in course: 2:35:33

Category:

Rank in category: 1(of 5)

TW 50-54, Seniorinnen 3

Best time in the category: 2:47:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.50	26:39	17:45	2	1:44	3	1:44	1.50	26:39	17:45	2	1:44	3	1:44
Wechsel S -> R	0.05	1:15	25:00	2	0:17	7	0:26	1.55	27:54	18:00	2	2:01	3	2:01
Schwimmen Total	1.55	27:54	18:00	2	2:01	3	2:01	1.55	27:54	18:00	2	2:01	3	2:01
Rad netto	44.00	1:27:22	1:59	2	4:08	7	8:10	45.55	1:55:16	2:31	1	-	4	7:13
Wechsel R -> L	0.05	0:48	16:00	1	-	4	0:08	45.60	1:56:04	2:32	1	-	3	6:39
Rad Total	44.05	1:28:10	2:00	2	4:02	7	7:36	45.60	1:56:04	2:32	1	-	3	6:39
Lauf	9.90	51:18	5:10	4	3:13	11	9:02	55.50	2:47:22	3:00	1	-	7	11:49