



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Pusch, Katja

Total time: 2:52:40

Club: Erfurt
Number: 65

Course: 55.50 km
Olympische Distanz 1,5-44-10.00

Rank in course/Total: 48 (of 67)
Rank in course/Women: 9 (of 16)
Best time in course: 2:35:33

Category:
TW 30-34

Rank in category: 1(of 1)
Best time in the category: 2:52:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.50	32:27	21:38	1	-	8	7:32	1.50	32:27	21:38	1	-	8	7:32
Wechsel S -> R	0.05	1:39	32:59	1	-	12	0:50	1.55	34:06	22:00	1	-	9	8:13
Schwimmen Total	1.55	34:06	22:00	1	-	9	8:13	1.55	34:06	22:00	1	-	9	8:13
Rad netto	44.00	1:26:05	1:57	1	-	5	6:53	45.55	2:00:11	2:38	1	-	8	12:08
Wechsel R -> L	0.05	1:23	27:39	1	-	11	0:43	45.60	2:01:34	2:39	1	-	9	12:09
Rad Total	44.05	1:27:28	1:59	1	-	6	6:54	45.60	2:01:34	2:39	1	-	9	12:09
Lauf	9.90	51:06	5:09	1	-	10	8:50	55.50	2:52:40	3:06	1	-	9	17:07