



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

ASKLEPIOS Medical Team

Total time: 2:28:37

Club: ASKLEPIOS Medical Team

Number: 149

Enduro Long Women

Rank in course/Total: 2 (of 6)

Rank in course/Total: 1 (of 2)

Best time in course: 2:28:37

Category:

Rank in category: 1(of 2)

Olympische Distanz-Staffel-Mix

Best time in the category: 2:28:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	1.50	28:11	18:47	1	-	1	-	1.50	28:11	18:47	1	-	1	-
Wechsel S -> R	0.05	0:35	11:39	2	0:03	2	0:03	1.55	28:46	18:33	1	-	1	-
Schwimmen Total	1.55	28:46	18:33	1	-	1	-	1.55	28:46	18:33	1	-	1	-
Rad netto	44.00	1:12:07	1:38	1	-	1	-	45.55	1:40:53	2:12	1	-	1	-
Wechsel R -> L	0.05	0:29	9:39	1	-	1	-	45.60	1:41:22	2:13	1	-	1	-
Rad Total	44.05	1:12:36	1:38	1	-	1	-	45.60	1:41:22	2:13	1	-	1	-
Lauf	9.90	47:15	4:46	2	11:00	2	11:00	-	2:28:37	-	1	-	1	-