



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Marr, Uwe

Total time: 2:53:32

Club: TV Barchfeld

Number: 35

Course: 55.50 km

Rank in course/Total: 51 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 42 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 5(of 7)

TM 50-54, Senioren 3

Best time in the category: 2:26:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	30:38	20:25	2	2:20	25	8:55	1.50	30:38	20:25	2	2:20	25	8:55
Wechsel S -> R	0.05	2:00	40:00	6	1:01	45	1:27	1.55	32:38	21:03	5	2:36	32	10:15
Schwimmen Total	1.55	32:38	21:03	5	2:36	32	10:15	1.55	32:38	21:03	5	2:36	32	10:15
Rad netto	44.00	1:26:08	1:57	4	11:56	40	17:04	45.55	1:58:46	2:36	4	12:46	37	24:53
Wechsel R -> L	0.05	1:08	22:39	4	0:24	32	0:34	45.60	1:59:54	2:37	4	12:34	37	25:26
Rad Total	44.05	1:27:16	1:58	4	11:44	40	17:24	45.60	1:59:54	2:37	4	12:34	37	25:26
Lauf	9.90	53:38	5:25	7	14:13	46	17:24	55.50	2:53:32	3:07	5	26:47	42	41:12